

## Ship Wreck ice breaker or energizer

This is a fun energizer or ice breaker. Nothing too deep in terms of a debrief but knowing your strengths and the power of influence might help.

Tell the participants they are **on a ship at the Captains dinner**. Soon they will be introducing themselves to the other guests at their table and they need to say what job they do. A fictitious one.

### 1. Split the room into 5-6 people each

2. Ask participants to come up with a career or job that starts with the **first letter of their surname**. Then an **adjective for their 2nd CliftonStrengths talent theme**, this can either be the theme itself or a word they might choose to describe that theme (can use theme insight cards or the Cascade insights sheet if needed). For example,

- My surname is Milkop – the job I might choose could be a Magician.
- My 2nd talent themes is Developer – the descriptive word I choose is “Encouraging”.
- So I am an **Encouraging Magician**.

3. Ask participants to **write this on a post-it note and on the count of 3 show it to everyone** (*or hold up to screen. If in Zoom - put them into breakout rooms of 5-6 ....just before you open the breakout room ...*)

### 4. Tell them there is bad news..

- the ship is about to hit an iceberg but the good news there is a desert island up ahead.
- Bad news is the lifeboats only take 3 people each.
- In their rooms/groups they have to decide which 3 people will go into the lifeboats based on the most useful jobs/professions for surviving on a desert island.
- You have 3 mins to discuss! (*play music*)
- Put your case across and decide which 3 will go in the lifeboat. *Open the breakout rooms.*

5. **Debrief:** Now altogether in their groups (*out of breakout rooms, can use chatbox*) – one spokesperson from each group to tell everyone which 3 roles they selected to go in the lifeboat in their group.

- Look for funny ones and if there are any common themes around talents and strengths or jobs.
- How was that?
- How did you decide?
- What talent themes were at play for you or that you observed? Explore more with groups asking for their insights and observations.